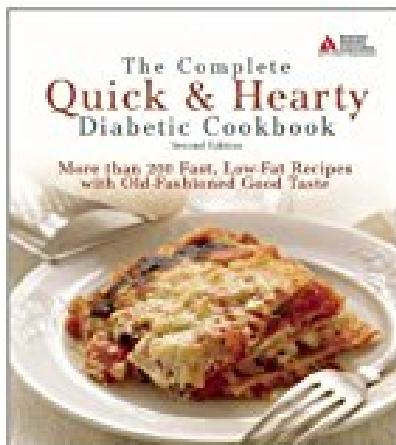


# The Complete Quick & Hearty Diabetic Cookbook More Than 200 Fast Low-Fat Recipes with Old- Fashioned Good Taste

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## BOOK DETAILS

- Author : American Diabetes Association
- Pages : 286 Pages
- Publisher : American Diabetes Association
- Language : English
- ISBN : 1580402852

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## **BOOK SYNOPSIS**

The Complete Quick & Hearty Diabetic Cookbook features dozens of simple yet delicious recipes from appetizers and salads to pasta, poultry, and desserts. Choose from more than 200 fast and simple-to-make, low-fat recipes with old-fashioned good taste. These are homestyle favorites brought back in healthy and tasty versions for everyone to enjoy!

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